

Saturday Program For Toddlers (19 months to 3 year old)



Theme of the Day: Birds

9.30 am to 12.30 pm

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| Free Play | 09.00 am - 09.30 am | Children pick activities of their own choice like building toys, puzzles, cutting, painting and drawing. | Free Play is undirected and unstructured. It helps children to learn collaboration, to share, and to resolve conflicts. They learn to discover their interests and decision making. |
| Circle Time | 9.30 am – 10.00 am | Games, Language, Stories, Songs, music and movement. | Circle time fosters a sense of community in children. It also helps them learn communication skills, language and even listening. |
| Sensory Activity | 10.00 am – 10.30 am | Feathers and sand Sticks and twigs for nests Eggshells Worms and soil Water, rubber ducks etc. Bird seed & measuring tools | Sensory play is not all about touch. It is about other senses too. Touch, sight, hearing, smell and taste enrich a child's physical, social and emotional, cognitive, linguistic and creative potential. |
| Snack Time | 10.30 am – 11.00 am | Snack Time! Enjoy! | Children under ten years of age need frequent replenishment of nutrition that their growing bodies need. Healthy snacks help them meet their metabolic requirements. |
| Cognitive Activity | 11.00 am – 11.30 am | Vocabulary: Birds & related words. Bulletin Board: Count the Birds Science Activity: Bird Feeder | Cognitive activities help children to learn to reason, solve problems and try to answer the most pressing question for them "why?" |
| Craft Activity | 11.30 am – 12.00 pm | One or two of the following: Feather Painting Birdseed collages Dyeing Eggs Making Robin Eggs | Crafts help children to extend their thinking, in engaging them through a variety of learning styles, and also enhance multicultural understanding. Crafts such as coloring and cutting etc. require the use of both hands that improves bilateral coordination. |
| Free Play and Get Ready to go Home | 12.00 pm – 12.30 pm | More fun for children before they leave. | A short recess invigorates the children for their next activity. It also helps them to improve their social and communication skills and make friends. |